

4th Annual June
Art & Poetry
Retreat at The Stable!



creative retreats that invite your spirit to roam
presents

Listen,

an art & poetry retreat inspired by the poetry of Barbara Crooker

Saturday June 12, 2021 | 9am - 3pm | \$125 lunch, beverages,
snacks included

with Claudia Fulshaw and Mandy Mizelle
at The Stable, tucked away between Durham & Hillsborough, NC

A beauty- and wonder-filled retreat inspired by Barbara Crooker's poem, "Listen," and the breathing, blooming world around us. This comfortable and creative retreat invites you into simple writing experiences and unique art projects that will illuminate and awaken our early summer senses. With plenty of space and masks, we'll move between the serene sanctuary inside The Stable and the green grounds outside which feature a gorgeous labyrinth. Includes all materials, lunch from Grub Durham, beverages, and snacks. ***Presence and process over perfection. No art or writing experience is required*** for this guided and exploratory retreat! All materials will be provided.



Claudia Fulshaw lives in Durham, is a graphic designer, artist, long-time wanderer and leader of retreats that combine Art, Spirit, Nature & Rest. Through fun, inspiring, hands-on and multi-media art projects, Claudia reminds us of how the arts afford us insights into our spirits and how this can influence our lives. Her fun-loving and optimistic personality fosters a warm, natural, personal connection that will leave you energized and fed.



Mandy Mizelle is a chaplain, minister, writer, perpetual procrastinator, and imperfection advocate who also lives in Durham. A lifelong lover of words, her favorite sacred texts are the everyday stories of our lives. Mandy enjoys creating spaces of grounding and gratitude that remind us of – and invite us to pay attention to – the Spirit around and inside us.

Ready to Listen? Register Online Now!

www.artwanders.com

Contact Claudia for more info or to register by check.

claudia@artwanders.com

Registration Deadline: June 6, 2021